



CINCINNATI HEALTH DEPARTMENT
SCHOOL HEALTH PROGRAM

IS YOUR CHILD TOO SICK FOR SCHOOL?

Keep your child home from school if:

- Your child was sick with vomiting or watery diarrhea within the last 24 hours.
- Your child had a fever of 100° F or higher at anytime within the last 24 hours.
- Your child is being treated for strep throat (your child must be on antibiotics for 24 hours before coming back to school.)
- Your child has a lasting cough or a cold with fever and body aches.
- Your child has crusted or matted eyelashes and/or green, yellow, or white sticky eye drainage along with eye redness. (Please note: Your child needs to see the doctor for medication- can return to school with treatment or MD note)

Please call your doctor or school nurse if you have any questions or concerns, or if your child does not seem to be getting better.

When your child has a cold please remember:

- Give the school a telephone number where you can be reached if your child gets worse.
- Please send a box of tissues with your child.
- Remind your child to cover nose and mouth when coughing or sneezing. Teach your child to cough or sneeze into their bent arm (inside of elbow).
- Teach your child to wash hands often.
- Use Tylenol or Ibuprofen for fever. **Do not use aspirin. It can cause Reyes Syndrome which can be fatal to your child.**

A cold without fever should not be a reason to stay home from school.

***Encourage good handwashing at school and at home.
It's the best way to stop the spread of illness or disease!!***